



INSTALLATION INSTRUCTIONS

Progress Technology Rear Anti-Sway Bar

2007 – 2012 Acura RDX

Part # 62.0120

No Revision (1/24/15)

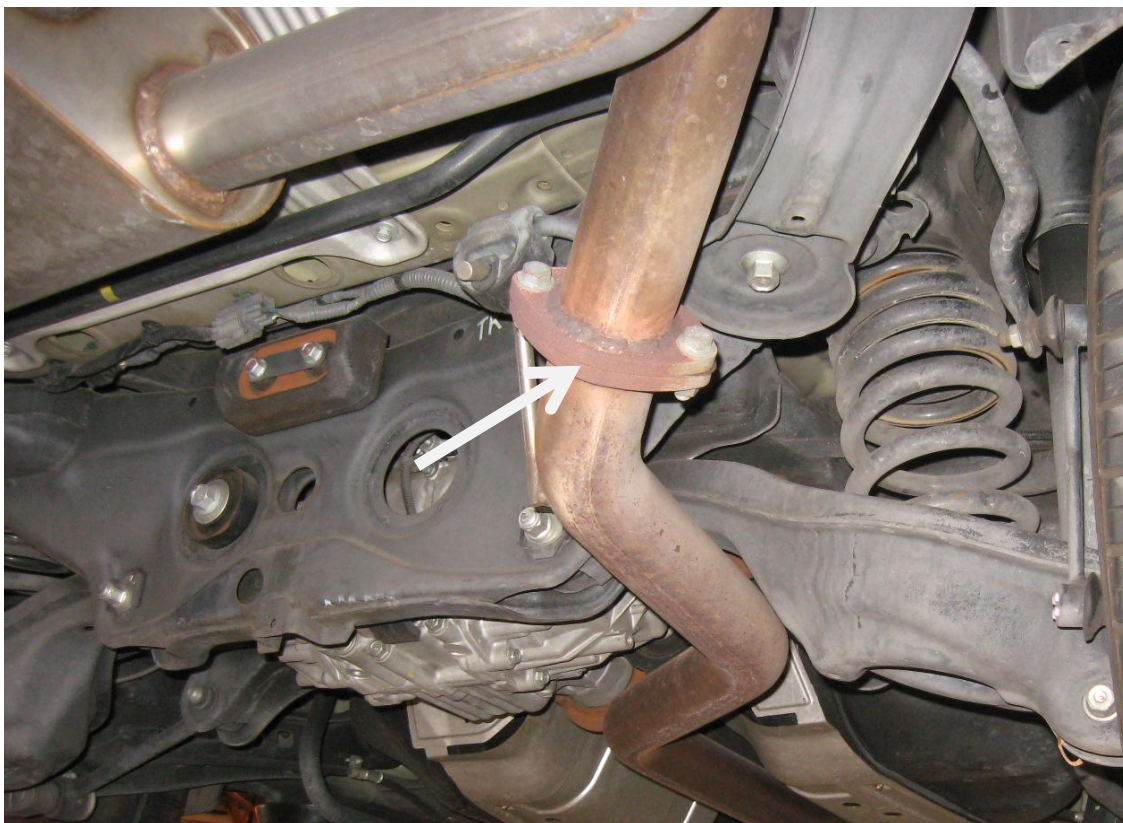
WHO SHOULD INSTALL THIS PRODUCT?

Progress Technology products should only be installed by a qualified licensed mechanic experienced in the installation and removal of suspension components. Please read instructions from start to finish and verify the parts in the parts list before beginning installation.

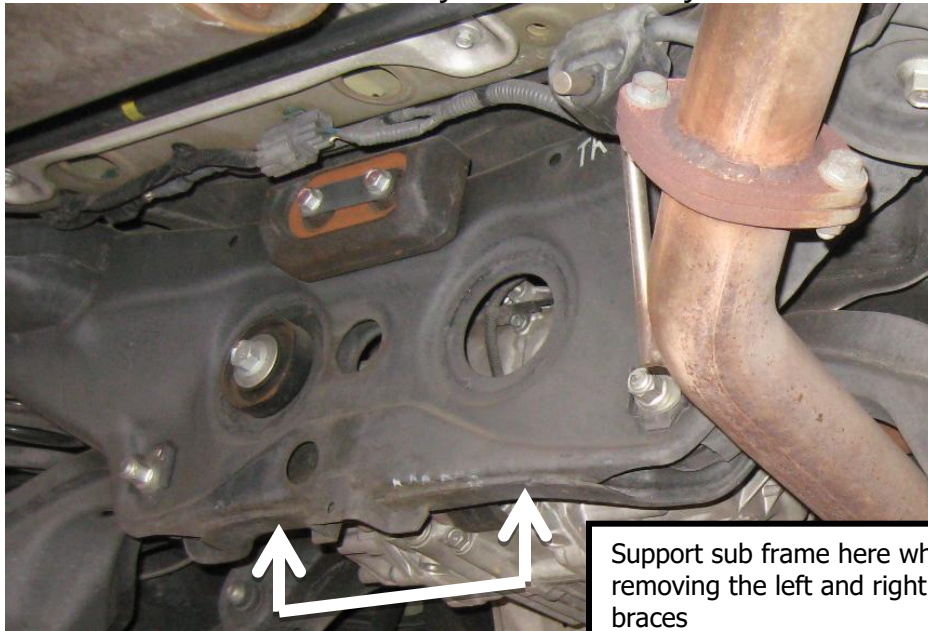
Parts List

Description	Quantity	Description	Quantity
24mm Sway Bar	1	Lube	1
Bushing	2	M8-1.25 x 25 HHCS	4
U-bracket	2	5/16 SAE Flat washer	4

1. Park vehicle on a smooth, level, asphalt or concrete surface. Block front wheels. Jack up rear end of car and support the chassis with jack stands.
2. Separate the exhaust at the flange. Be careful not to damage the exhaust gasket, it will be reused.



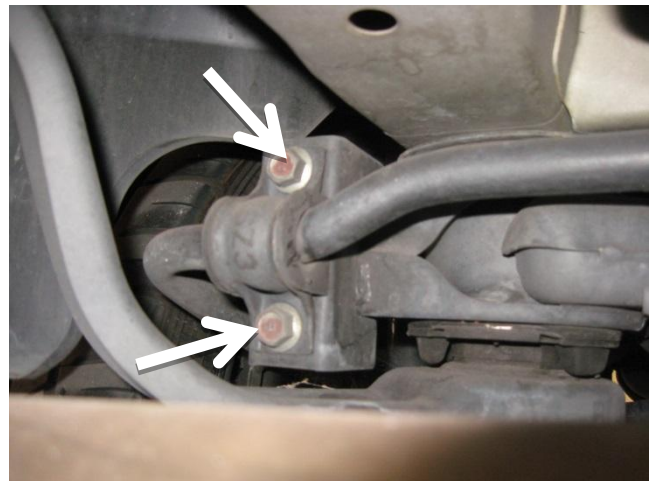
3. Support the lower sub frame in the center with a jack stand or floor jack.



4. Remove the two braces that attach to the lower sub frame to gain access to the sway bar bushing brackets.



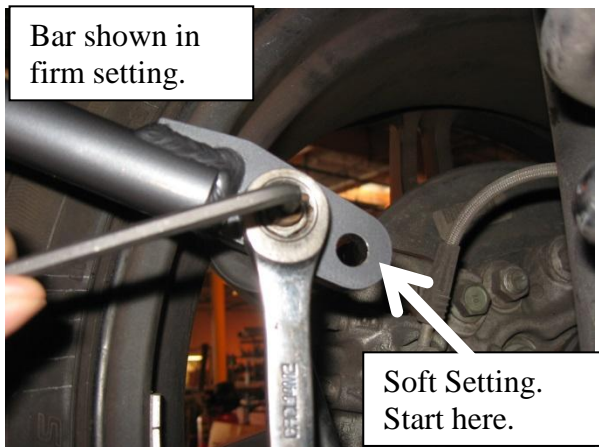
5. Use a 6mm allen wrench to hold the end link stud and a box wrench to loosen the nut. Separate the end links from the sway bar. Remove the factory bushings and brackets. The fasteners will be reused for installation. Remove the sway bar from the vehicle.



6. Locate the pivot "D" shaped polyurethane bushing and tube of special grease supplied in the hardware kit. Cut the end off the tube and apply grease to the bore of the bushing. Open bushing and snap them over the new sway bar, as positioned on the stock bar.



7. Install the bar onto the vehicle. Attach the end links to the bar, using a 6mm allen wrench to hold the end link stud and box wrench to tighten the nut (torque 34 ft/lbs). Place the new brackets over the bushings, and use the factory fasteners to mount the brackets (torque 38-42 ft/lbs).



IMPORTANT NOTE ABOUT ADJUSTABLE SETTINGS:

We strongly suggest that your technician initially sets the end links in the softest setting. The softest setting will be the setting with the end links closest to the end or tip of the sway bar, furthest from the mounting bushings.

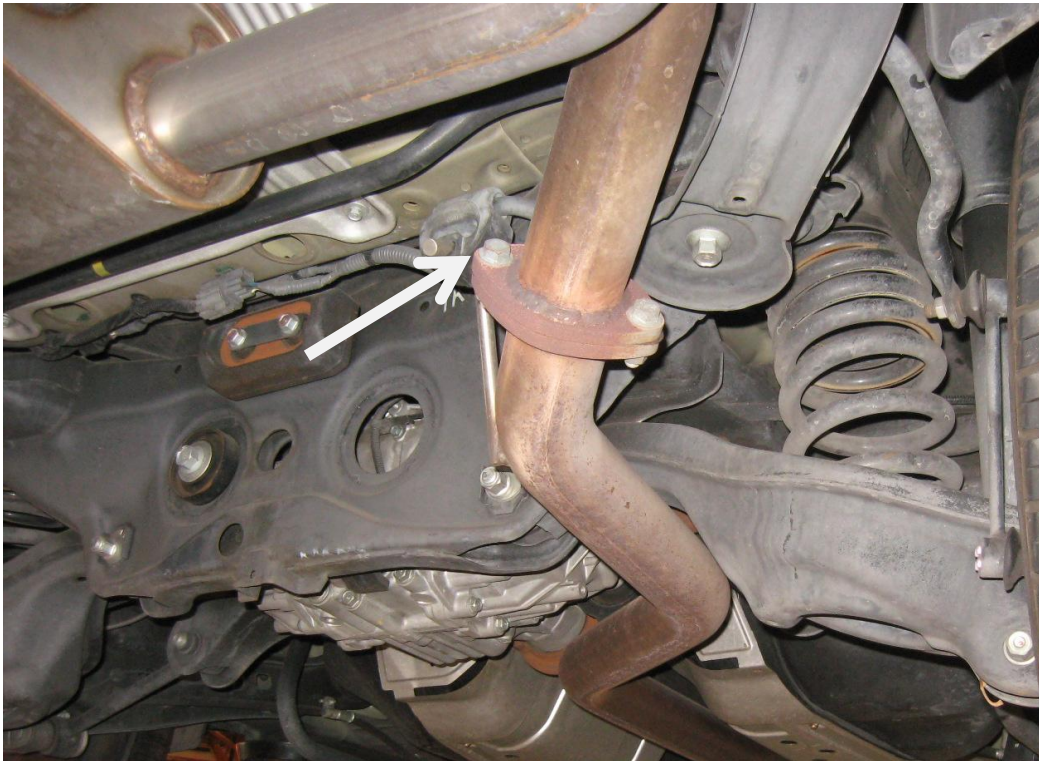
After installing the sway bar, we suggest that you drive the car carefully and within your abilities, noticing the changes in the handling characteristics. If driving in poor weather, exercise additional care during cornering and braking until you are familiar with the handling.

If you chose to use the firmer settings, again remember to drive the vehicle carefully, and take note of the changes you have made to the suspension. You will notice a handling difference with each sway bar settings.

8. Re-install both chassis braces.



9. Connect and tighten the exhaust, careful not to damage the gasket.



10. Installation is complete. Check assembly periodically for tightness.

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